

## Intent: What are we trying to achieve?

## Subject Vision PE

To teach the pupils a broad range of physical activities which equips them with the knowledge, physical competence and confidence to lead a healthy active lifestyle in the future.

PE at Parklands aims to teach the pupils a broad range of physical activities which equips them with the knowledge, skills and confidence to lead an active lifestyle once they leave us. We aspire to empower the pupils to be confident in their physical abilities and due to the broad range of activities they are taught we hope they can find a physical activity that sparks an interest within them so they can lead a healthy and active lifestyle in the future.

### Curious Learners

In core PE learners regularly engage in discussions in small groups and whole class situations. This is to help solve problems and evaluate their own and others performance. It is really important that learners are confident to discuss their ideas and try to put them into practice.

### Respectful Citizens

In core PE we have a focus on developing the whole child. The lessons focus on knowledge and physical skill development but also underpinning that is what personal skills they can grow during the lesson. Pupils actively think and engage with which personal skills they are developing in each lesson such as fair play and respect.

### Aspiration Individuals

Learners develop a wide range of knowledge and skills in PE alongside developing their personal skills such as teamwork, leadership and resilience. We also offer lots of extra opportunities in our school through our school sport curriculum which allows pupils to develop further in our subject and be aspirational.

### Motivated Achievers

The sequence of learning throughout the curriculum allows the pupils to see their progression across the curriculum. The pupils are motivated by knowing the end point that we are aiming for and developing their knowledge, physical skills and personal skills along the way. By the way we assess the pupils they become motivated to achieve.

### The Key concepts that run through PE:

- **Know** - Knowledge and understanding - Rules, tactics, strategies and healthy lifestyle content through a broad range of activities.
- **Show** - Performing a range of gradually complex physical skills in a range of activities. These skills can be in isolation, conditioned games and full competition.
- **Grow** - The development of pupils personal skills in PE - Teamwork, communication, resilience, leadership, self-confidence and self management. Alongside this we actively promote all sports for all pupils regardless of gender and have mixed PE classes in year 7 & 8. We are always actively encourage all groups to participate freely in sport and try our best to break down barriers to participation.